



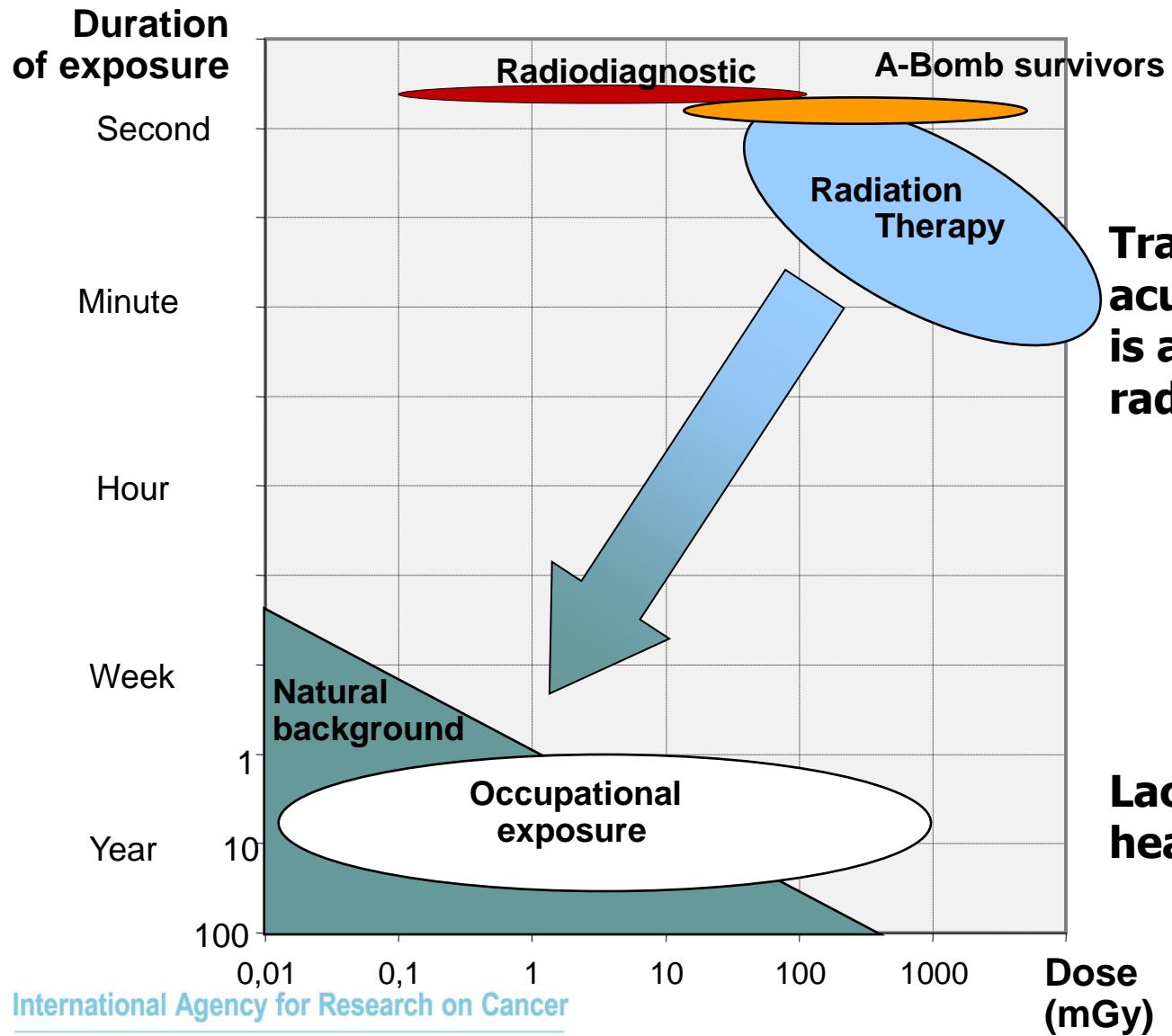
Politecnico di Milano

## 9<sup>th</sup> EURADOS Winter School "Dosimetry for epidemiological cohorts"

# **DOSIMETRY FOR NUCLEAR WORKERS**

**Isabelle Thierry-Chef, on behalf of the INWORKS study group**

# *Extrapolation from acute to protracted low doses*



**Transposition of risks from acute to chronic exposure is a major hypothesis of the radiation protection system**

**Lack of information on health effects of low dose**

Courtesy of Dr Laurier, IRSN

## *Advantages of Nuclear Workers*

- **Well defined and stable population, since mid 40s**
- **Large cohort with**
  - **Stable work history and good quality of follow-up**
  - **Individual monitoring of external radiation exposure**

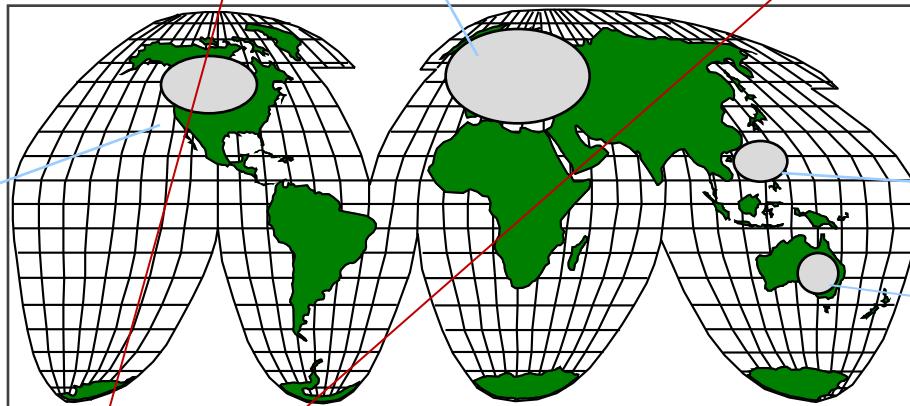
**Very good capacity to characterize the shape of the dose-risk relationship associated with low dose protracted exposure**



**Epidemiological cohorts first implemented in the 70s**

# *The 15-country Study*

Belgium Finland France Germany Hungary Lithuania Russia  
Slovakia Spain Sweden Switzerland United-Kingdom



Canada  
United-States

Japan  
South Korea

Australia

## *15-country Study:*

600 000 / 400 000 workers (after all exclusions)  
About 5 million person-years of observation

**INWORKS**

## *INWORKS:*

300 000 workers  
About 8 million person-years of observation

# *Study of Errors in Dosimetry*

**Workers exposed predominantly to “higher” energy photon radiation (100 to 3 000 keV)**

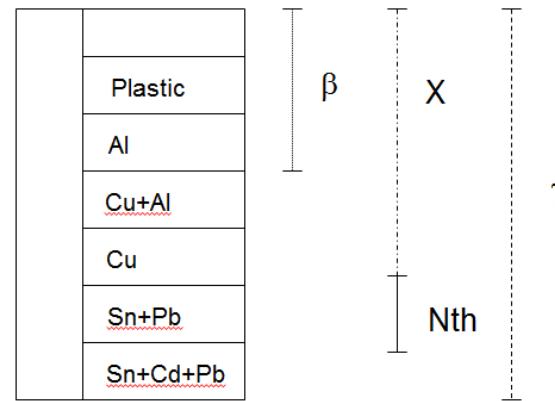
- **Objectives of the Study**

- Comparability of doses recorded in different facilities from the 1940 's up to now
- Identification of sources of errors
- Quantification of errors to take them into account in the risk estimate

# ***Identification of sources of errors***

- **Main sources of errors**

- Dosimetry technology
- Radiation fields
- Calibration practices
- Recording practices
  - Below threshold doses
  - Missing dosimeters



## ***Study of the response of dosimeters to conditions of exposure***

## **Dosimeter response - classification**

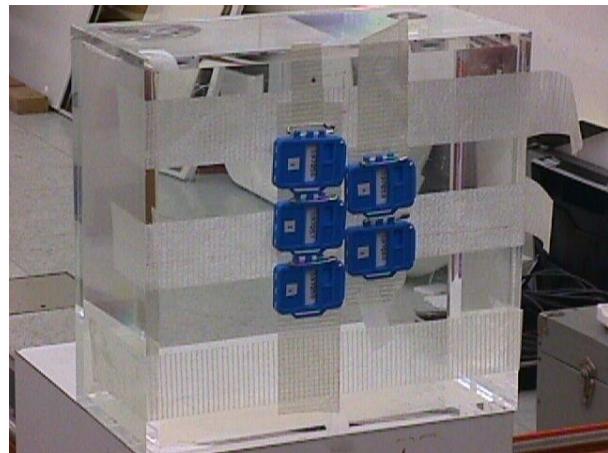
- **Classification by category**
  - Photographic dosimeters
    - bare film
    - one filter
    - multi-element
  - TLDs
  - Uncommon dosimeters
- **Selection for experiments**
  - 10 types – 5 dosimeters per type
  - 3 energies (118 – 208 – 662 keV)
  - 3 geometries (AP – ROT – ISO)



## **Dosimeter response**

Ka-in-air : 5 mGy  
Distance: 2m

**AP**



## **Dosimeter response**

Ka-in-air : 5 mGy  
Distance: 2m

**AP**



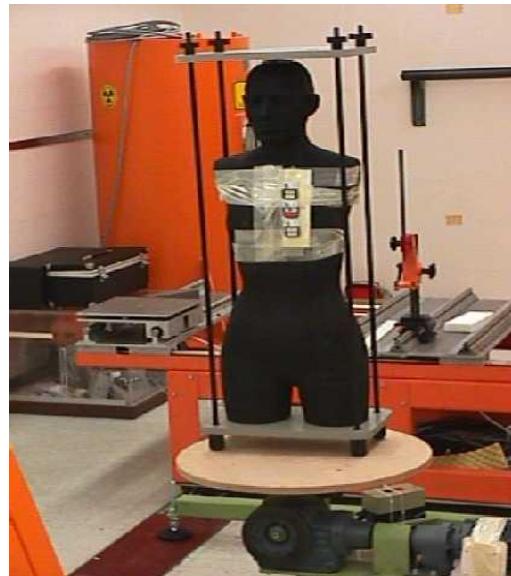
## *Dosimeter response*

Ka-in-air : 5 mGy  
Distance: 2m

**AP**



**Rotational**



# *Dosimeter response*

Ka-in-air : 5 mGy  
Distance: 2m

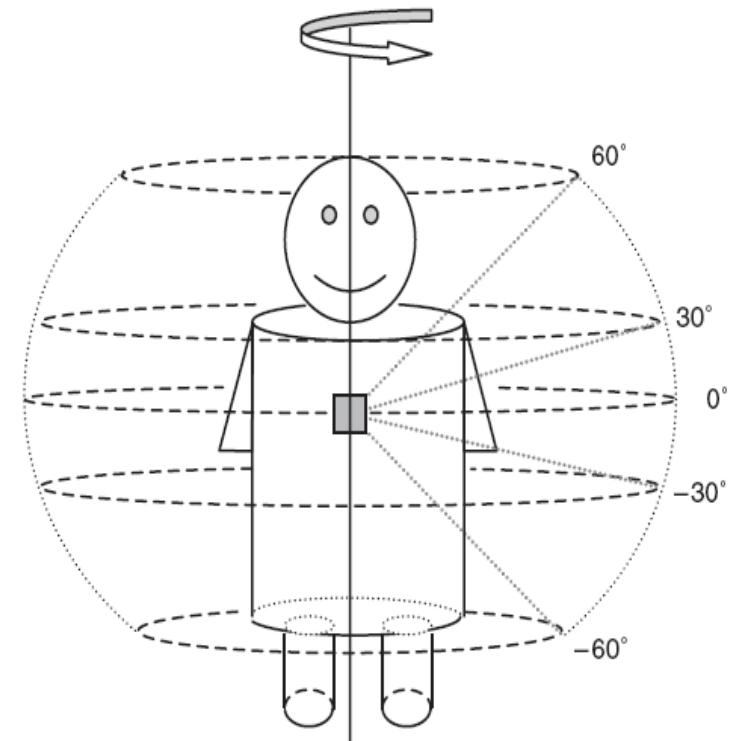
**AP**



**Rotational**



**Isotropic**



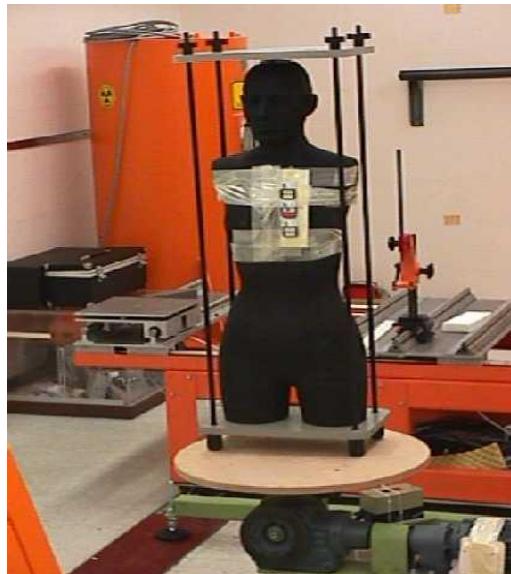
# *Dosimeter response*

Ka-in-air : 5 mGy  
Distance: 2m

**AP**



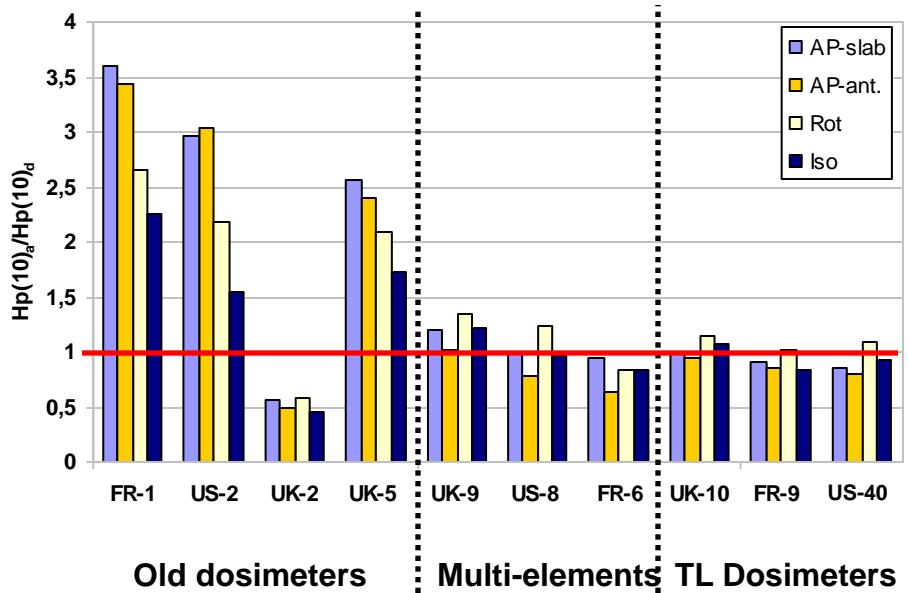
**Rotational**



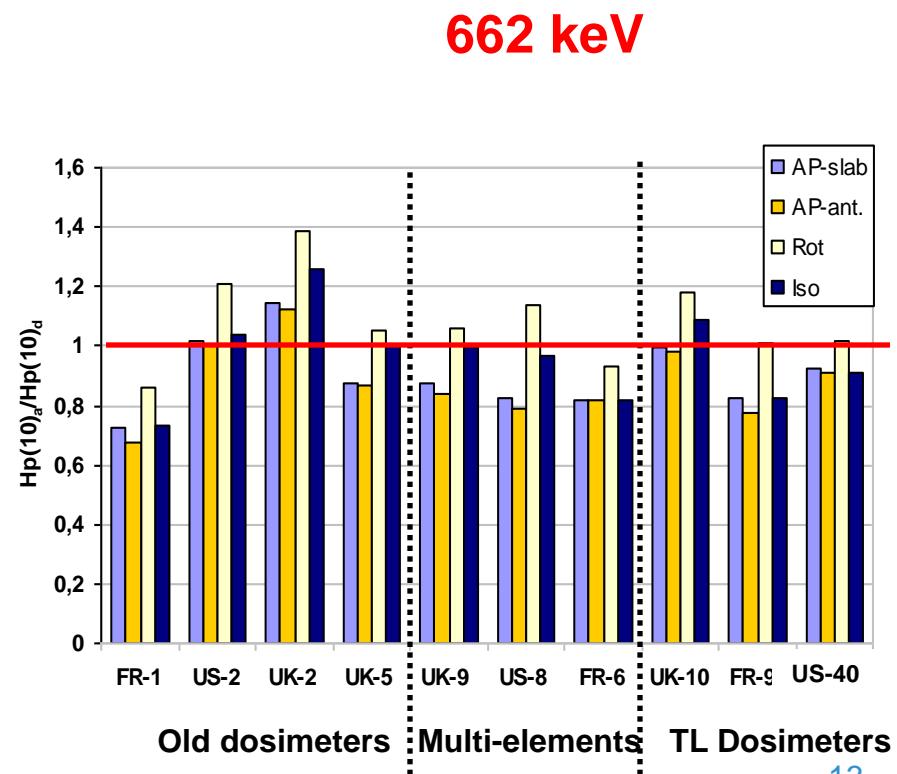
**Isotropic**



# Dosimeter response



118 keV



662 keV

## *Conditions of exposure*

- **Classification in two categories**
  - Nuclear Power Plants - Pilot study in 4 NPPs in Switzerland
  - Mixed activities facilities - Pilot study in Saclay (France)

Coefficients	ENERGY -keV-			GEOMETRY		
	0-100	100-300	300-3000	A.P.	ISO	ROT
<b>NPP</b>	<b>0</b>	<b>0.1</b>	<b>0.9</b>	<b>0.5</b>	<b>0.5</b>	<b>0</b>
Variations between workers	0-0.01	0.05-0.2	0.8-1	0.1-0.8	0.2-0.9	0
<b>Mixed activities</b>	<b>0</b>	<b>0.2</b>	<b>0.8</b>	<b>0.5</b>	<b>0.5</b>	<b>0</b>
Variations between workers	0	0.15-0.25	0.75-0.85	0-0.6	0.4-1	0
Variations between installations	0	0.15-0.25	0.75-0.85	0.4-0.55	0.45-0.6	0

## **Final "Dosimeter" Bias**

$$B = \exp[f(100-300)*f(AP)*\ln(B_{100-300,AP}) + f(100-300)*f(iso)*\ln(B_{100-300,iso}) + f(300-3000) * f(AP)*\ln(B_{300-3000,AP}) + f(300-3000)*f(iso)*\ln(B_{300-3000,iso})]$$

## ***Associated uncertainties***

- **Uncertainties related to dosimeter response**
  - Based on the 5 dosimeters per type irradiated at each energy and for each geometry
- **Uncertainties related to conditions of exposure**
  - Based on the range provided by the experts

## ***Final "dosimeter" bias (uncertainties)***

Facility	type					Period	Dosimeter	100-300		300-3000		<i>B</i>	<i>K</i>
		$f_{100-300}$	$f_{300-3000}$	$f_{AP}$	$f_{ISO}$			AP	ISO	AP	ISO		
1	MA	0.2	0.8	0.5	0.5	50	56	Bare	Film	3.27	4.82	0.9	0.99
						57	66	E-1	Film	1.17	1.17	0.68	0.73
						67	95	E-6	Multi.	0.63	0.62	0.81	0.81
						85	95	E-9	TLD	0.86	0.83	0.78	0.82
2	NPP	0.1	0.9	0.5	0.5	68	82	E-3	Film	1.80	1.61	0.90	0.99
						82	97	E-4	Film	0.73	0.56	0.90	0.99
3	MA	0.2	0.8	0.5	0.5	44	56	Q-2	Film	1.50	1.21	1.00	1.04
						57	62	Q-7	Multi.	0.87	0.98	0.81	0.93
						62	71	Q-8	Multi.	0.87	1.12	0.79	0.97
						72	95	Q-21	TLD	0.91	0.97	0.89	0.94
4	NPP	0.1	0.9	0.5	0.5	87	99	Q-38	TLD	0.91	0.97	0.89	0.94
												<b>0.92</b>	<b>1.19</b>

## *Conversion to organ doses*

ICRP-116 report: coefficients for male and female separately

Coefficient	118 keV		208 keV		662 keV	
$H_p(10) \rightarrow \text{organ}$	AP	ISO	AP	ISO	AP	ISO
RBM (male)	0,68	0,46	0,65	0,45	0,72	0,55
Colon (male)	0,78	0,41	0,78	0,43	0,83	0,54
Lung (male)	0,71	0,42	0,73	0,45	0,82	0,58
Breast (female)	0,88	0,48	0,93	0,54	0,98	0,67

uncertainty :  $K = 1.103$

## *Calibration practices*

- *Backscatter*
- *Calibration sources*
- *Factors affecting sources*

Facility	Period		Backscatter		Calibration source		Other factors		Final cal. factors	
	Start	End	B	K	B	K	B	K	B	K
1	43	52	1,06	1,05	1	1,2	1	1,05	<b>1,06</b>	<b>1,21</b>
	53	79	1,06	1,05	1	1	1	1,05	<b>1,06</b>	<b>1,07</b>
	80	05	0,96	1,04	1	1	1	1,05	<b>0,96</b>	<b>1,06</b>
2	63	06	1,06	1,05	1	1	1	1,05	<b>1,06</b>	<b>1,07</b>

## *Overall bias - uncertainty*

- **Response of dosimeters in terms of  $H_p(10)$** 
  - $B_1$
  - $K_1$  ( $K_{dos}$ ,  $K_{expo}$ )
- **Conversion to organ dose**
  - $B_2$
  - $K_2$
- **Calibration practices**
  - $B_3$
  - $K_3$
- **Overall bias**
  - $B = B_1 * B_2 * B_3$
- **Overall uncertainty**
  - $\ln K = 1.96 \sqrt{(\sum_i S_i^2)}$

## *Final bias (uncertainties)*

	Period		$H_p(10)$		Lung (male)		RBM (male)		Colon (male)		Breast (female)	
			B	K	B	K	B	K	B	K	B	K
1	43	43	<b>1.50</b>	1.52	<b>2.27</b>	2.28	<b>2.45</b>	2.04	<b>2.31</b>	2.70	<b>1.91</b>	2.19
	44	52	<b>0.99</b>	1.16	<b>1.50</b>	1.80	<b>1.62</b>	1.66	<b>1.52</b>	2.05	<b>1.26</b>	1.73
	53	79	<b>0.88</b>	1.31	<b>1.33</b>	1.90	<b>1.44</b>	1.78	<b>1.35</b>	2.12	<b>1.12</b>	1.81
	80	05	<b>0.92</b>	1.29	<b>1.39</b>	1.77	<b>1.50</b>	1.65	<b>1.42</b>	1.97	<b>1.17</b>	1.71
2	82	87	<b>0.87</b>	1.26	<b>1.30</b>	1.69	<b>1.41</b>	1.61	<b>1.32</b>	1.83	<b>1.10</b>	1.62
	88	88	<b>0.91</b>	1.28	<b>1.35</b>	1.64	<b>1.46</b>	1.57	<b>1.37</b>	1.78	<b>1.14</b>	1.59
	89	06	<b>0.92</b>	1.29	<b>1.36</b>	1.63	<b>1.48</b>	1.55	<b>1.39</b>	1.76	<b>1.15</b>	1.58

## *Conversion of recorded doses*

**Conversion factor**

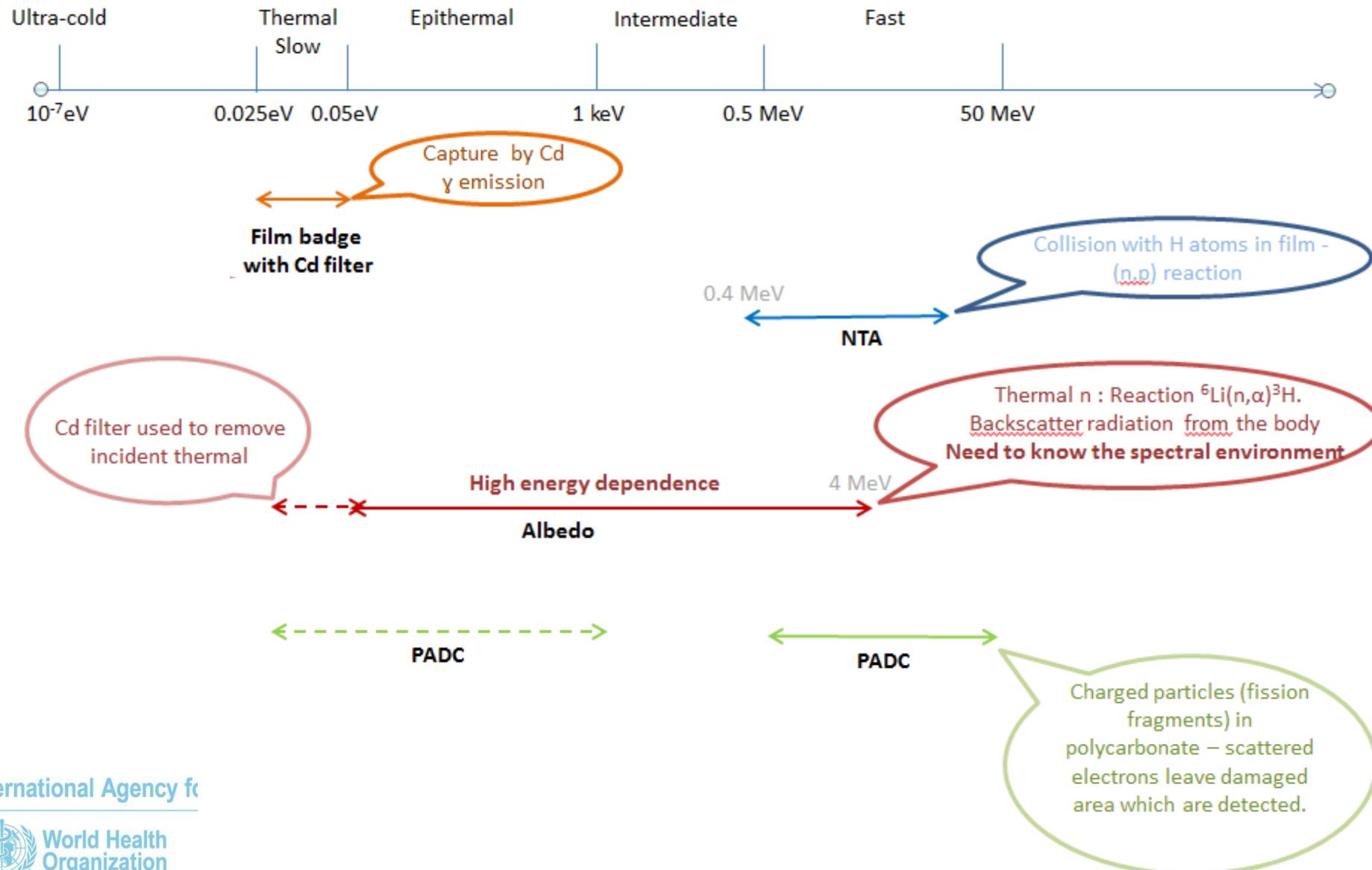
$$\text{CF} = B / (\exp[S^2/2])$$

## Distribution of individual cumulative doses

Cohort	Total number of workers <i>(% of exposed workers)</i>	$H_p(10)$ (mSv)	Colon (mGy)	Lung (mGy)	RBM <sup>b</sup> (mGy)	Breast (mGy) (women only)
		Mean (median. IQR <sup>c</sup> )	Mean (median. IQR <sup>b</sup> )			
France	59 003 (72%)	18.4 (2.1; 0.0,17.0)	12.6(1.4; 0.0,11.6)	12.6 (1.4; 0.0,11.7)	11.6 (1.3; 0.0,10.7)	2.8 (0; 0.0,0.93)
UK	147 866 (88%)	28.7 (4.2; 0.6,2.4)	19.9 (2.9; 0.4,14.1)	19.8 (2.9; 0.4,14.1)	18.2 (2.6; 0.4,12.9)	5.1 (1.4; 0.4,4.3)
USA	101 428 (83%)	24.0 (2.9; 0.3,16.7)	16.7 (2.1; 0.2,11.6)	16.6 (2.0; 0.2,11.5)	15.2 (1.9; 0.2,10.6)	3.7 (0.4; 0.0,2.3)
Total	<b>308 297 (83%)</b>	<b>25.2 (3.4; 0.4,18.4)</b>	<b>17.4 (2.3; 0.3,12.8)</b>	<b>17.4 (2.3; 0.3,12.7)</b>	<b>15.9 (2.1; 0.3,11.7)</b>	<b>4 (0.6; 0.0,2.8)</b>

The cohort includes 268,262 men and 40,035 women

# Exposure to Neutrons



## Exposure to Neutrons

- **Unrecorded neutron doses are possible**
  - Exposure outside the detection range
  - Not monitored but exposed workers
  - Area monitoring implemented for surveillance but no record of doses

	15-country Study	INWORKS
Total number of workers	<b>598,068</b>	<b>308,297</b>
Workers with no monitoring or zero doses		Flag 1      268,523
Workers with recorded cumulative neutron doses <b>not exceeding</b> 10% of the total equivalent dose for external radiation		Flag 2      27,632
Workers with recorded cumulative neutron doses <b>exceeding</b> 10% of the total equivalent dose for external radiation	Flag      19,041	Flag 3      12,142

## *Internal contamination*

- **Reconstructing doses to individual organs requires:**
  - knowledge of the characteristics of the contaminant (particle size, chemical form and solubility)
  - knowledge of mode of intake and understanding of conditions of exposure
  - doses are received over a period that depends on retention of the nuclide in specific organs
  - complex models have been developed for dose estimation based on individual biological samples
- **Workers were grouped into two categories.**
  - Flag 1: Workers with no deposition.
  - Flag 2: Workers with known (France, UK and U.S.) or suspected (UK) deposition.

~ 40 000 Excluded in 15-country Study  
~ 50 000 Not excluded in INWORKS  
(IC + neutrons)

## ***Internal contamination***

- **Few studies with assessment of doses from internal contamination:**
  - Uranium mineurs\_ *Radon (Rn) and Uranium (U)*
  - Mayak workers, Sellafield (UK)\_ *Plutonium(Pu)*
  - US workers\_ *Plutonium(Pu) and Uranium (U)*
- **Within  $\alpha$ -risk project**
  - case-control study of workers contaminated with Pu and U (France, UK and Belgium)
  - Assessment of dose to the lung and red bone marrow
  - Study of the risk of lung cancer and leukaemia.



# Acknowledgements

## Dosimetry subcommittee members

Marshall M, Fix JJ, Bermann F, Gilbert ES, Hacker C, Heinmiller B, Utterback D, Cowper G

## Dosimetry and Medical Radiation Physics Section of the IAEA

Andreo P, Pernicka F

## INWORKS Study Group

David B Richardson, Elisabeth Cardis, Robert D. Daniels, Michael Gillies, Ghassan B Hamra, Jackie O'Hagan, Richard Haylock, Dominique Laurier, Klervi Leuraud, Monika Moissonnier, Mary Schubauer-Berigan and Ausrele Kesminiene

# Publications

I. Thierry-Chef et al. Dose estimation for a study of nuclear workers in France, the United Kingdom and the United States of America: methods for the International Nuclear Workers Study (INWORKS). *Radiat. Res.* 2015; 183(6):632-42.

G.B. Hamra et al. Cohort Profile: The International Nuclear Workers Study (INWORKS). *Int. J. Epidemiol.* 2015 Jul 6. pii: dyv122. doi: 10.1093/ije/dyv122.

K. Leuraud et al. Ionizing Radiation and Leukaemia and Lymphoma: Findings from an international cohort study of radiation-monitored workers (INWORKS). *The Lancet Haematol.* 2015 July; 2: e276-e281.

D.B. Richardson et al. Solid cancer risk among Nuclear Workers in France, the United Kingdom, and the United States: The INWORKS Project. *BMJ* 2015; 351: h5359.